



MEDIA RELEASE

World Suicide Prevention Day 2015 Thursday 10 September

Griefline is calling out on *World Suicide Prevention Day* to urge people who have been touched by suicide to know that there is somebody they can talk to.

Catherine Cini, CEO, GriefLine said: "Suicide has a devastating impact on society and *World Suicide Prevention Day* can serve as a trigger for families who have experienced a suicide".

"GriefLine is available for the long haul after suicide. Many mothers call us at trigger points such as birthdays, anniversaries, coming across a school report or a baby photo," she added.

"We have trained counsellors who will talk with you confidentially and you can remain anonymous".

"People need to be aware of what support services are available to those that have been impacted by suicide".

About GriefLine

GriefLine is Australia's only dedicated grief helpline service that provides counselling support services free of charge to individuals and families. These include: telephone support; online counselling; in-house one on one counselling; education and training and health support programs. Callers to the GriefLine Helplines have the opportunity to share their stories anonymously and confidentially with someone who will listen.

Media inquiries - to arrange an interview with Catherine Cini please contact: John Myers or Penny Underwood on (03) 9818 8540, 0409 215 120, mediawise@mediawise.net.au